

# Speech/Language Therapy Activity Calendar



## Speech Activities

## Language Activities

Sun Mon Tue Wed Thu Fri Sat

			1	2	3	4
			For 2 year olds: Practice words with p, b, m, h, w	For 3 year olds: Practice words with k, g, f	For 4 year olds: Practice words with s-blends, multi-syllable words	For 5 year olds: Practice v, ch, sh, j
			Who is in your family? Name everyone	Read a story that rhymes today	What makes you feel sad, happy, and mad?	Sing familiar songs as you ride in the car

5	6	7	8	9	10	11
Say your sounds while sitting outside	Say your words to your pet or stuffed animal	Say your words on the couch	Make an obstacle course and say your words at each stop	Say your words in the backyard	If it's sunny, say your words to your shadow	Say your words while coloring
Help match socks by color and size	Play "follow the leader." Take turns being the "leader"	Find pictures of animals in magazines, cut them out & glue on paper.	Look at family pictures; answer "what" and "where" questions	Make faces in the mirror; talk about what makes you happy, sad, mad, scared, etc.	Follow 1- & 2-step directions (jump, blow a kiss, wiggle your fingers, etc.)	Work a puzzle together. Take turns.

12	13	14	15	16	17	18
Say your words to a flower	Vacation day: your parents have to say your words while you listen	Say your words in the bathtub	If it's rainy, say your words under an umbrella	Say your words in your pajamas	Say your words while playing hopscotch	Say your words while you're swinging
Help pick out your clothes; ask for what you need (shirt, pants, socks, etc.)	Take a walk, what do you see, hear, & smell?	Talk about the weather; is it rainy, sunny, cloudy, snowy, etc.	Name 3 animals & the sounds they make	Blow cotton balls across the floor; have a race	Take a bath; label body parts as you wash them	Answer 'what' questions after reading a book

19	20	21	22	23	24	25
Say your words while playing in the sprinkler	If it's cloudy, say your words quietly	Say your words while standing on one foot	Say your words to someone on the phone	Read a book and find words with your sounds	Say your words while jumping	If it's windy, say your words loudly
Play your favorite game, take turns	Drive around the room, make motor sounds (plane, car, truck, boat, train, etc.)	Have a picnic in the living room; bring your stuffed animals	Look around the house, find things that are soft, hard, smooth, rough, etc.	Pretend you are swimming in the ocean; talk about what you would see	Name all the food on your plate; what is your favorite?	Help set the table; ask for what you need

26	27	28	29	30
Say your words while playing play dough	Say your words while kicking a ball	Say your words	Roll a die and say your words that many times	Hide your words and use a flashlight to find them
Tell about yourself; color of eyes, hair, boy, girl, etc.	Learn a nursery rhyme	Play 'I Spy;' take turns describing & guessing	Move in different ways - run, jump, roll, etc. Talk about what you are doing	What can you do with a ball? - Throw, hit, kick, roll, catch

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