

Speech/Language Therapy Activity Calendar



Speech Activities Language Activities

SUN MON TUE WED THU FRI SAT

01

For 2-year olds: Practice words with p, b, m, h, w

Go outside and find 3 big leaves and 3 little leaves

02

For 3-year olds: Practice words with k, g, f

Play with pretend food. Feed your dolls or stuffed animals

03

For 4-year olds: Practice words with s-blends, multi-syllable words

Help in the kitchen today. "Stir" with bowl and spoon

04

For 5-year olds: Practice sounds: v, ch, sh, j

Look at old photos and tell your child a family story

05

Make a paper plate turkey. Say your words as you glue on the feathers

Have a tea party. Practice saying "Thank you"

06

Rake a pile of leaves. Say your words before you jump in

Collect sticks and line them up from shortest to longest

07

Have a cotton ball race. Blow cotton balls with a straw

Name the toys you like in ads or catalogues

08

Line up your stuffed animals. Say your words for them

Try to button clothes when getting dressed

09

Read a book and look for words with your sounds

Name the parts of a snowman

10

Practice your words while playing catch

Be silly. Put socks on your hands and say "no, no, no"

Drink a milkshake through a straw

Play hide the shoe. Put it in, on and under things

11

Hide your words and use a flashlight to find them!

Name 3 things in each category: food, animals, toys, clothing

12

Play hide-n-seek. Say your words before you find your friend

Talk about clothes in a picture book

13

Blow bubbles in the bathtub

Name some things you would find on a farm

14

15

Trace your hand. Put your words on each of the fingers

Talk about actions in a picture book: running, jumping, sleeping

16

Go outside. Say your words quickly if it's cold!

Have your child wash their face & talk about their eyes, ears, nose, mouth

17

Skate on paper plates. Say your words as you go past

Tell about your favorite Disney movie

18

Lick peanut butter or marshmallow crème off a spoon. Make your tongue work hard!

Name 3 things in these categories: vehicles, outside things, furniture

19

Cut pictures out of a magazine that start with your sounds

Take a car ride. What did you see?

20

Say your words while looking in the mirror

Talk about things that are hot, cold, wet, dry

21

Practice your sounds while playing in shaving cream

Talk about things that are up, down, under, over

22

Practice saying vowel sounds: A E I O U

Pretend you are at the North Pole; talk about what you might see

23

Lick a sucker. Can you make your lips "pop?"

Name 3 things you wear when it's cold outside

24

Practice your words as you go up the stairs

Find and talk about 4 things that are cold

25

Say your words to someone on the phone

Find and talk about things that go together: bat and ball, socks and shoes

26

Practice your words while putting on gloves or mittens

Talk about object functions. What do you do with scissors? A ball? A hat?

27

Put your words on the floor and throw a beanbag at them. What did you hit?

Think about things that are square

28

Say your words to your pet (or stuffed animal)

What do you wear on your feet? Your hands? Your legs? Your head?

29

Drop your words into a bucket after you say them. How many went in?

Describe your 3 favorite foods

30

Put on chapstick and kiss a mirror or black piece of paper

What's the opposite of up? Outside? Cold? New?
